

## Vaccinations and shots recommended for travel

<b>Cuba</b>	Hepatitis A Malaria Tetanus
<b>Ecuador</b>	Hepatitis A Vaccine Hepatitis B – recommended for all people providing health care and for those planning prolonged stays. Tetanus up to date Malaria Yellow Fever vaccine – Recommended for all travel to rural areas. May be required if one passes through an infected country. Typhoid Fever Vaccine
<b>Haiti</b>	Tetanus up to date Polio up to date Malaria Hepatitis A Vaccine Typhoid Fever Vaccine
<b>India</b>	Tetanus Adult polio Hepatitis A Typhoid Malaria Medicine
<b>Mexico</b>	Hepatitis A Malaria Tetanus Typhoid (optional)
<b>Russia</b>	Tetanus
<b>Uruguay</b>	Hepatitis A Tetanus
<b>Spain</b>	Hepatitis A (only if you expect to be eating a lot of seafood)
<b>Colombia</b>	Hepatitis A Typhoid
<b>Indonesia</b>	Hepatitis B